

Testosterone Levels Decline After Age 40 in Men

Testosterone Levels in Some Men Fall Below Normal, Resulting in a Medical Condition Called *Hypogonadism* (also known as *Low Testosterone*)



Some Symptoms of Low Testosterone Include:

MOOD

- Feeling sad or blue
- Depressed mood

BODY

- Reduced muscle bulk
- Decreased strength

SEXUAL

- Low sex drive
- Reduced sexual activity
- Decreased spontaneous erections

OTHER

- Lack of energy
- Decreased motivation/initiative
- Diminished work performance