



LEFT: From left to right Dr. Oczachowski, Dr. Klipitch, Dr. Tsay and Dr. Bedaj.

BELOW: Dr. Tsay is the newest doctor at Dr. O.K. Medical and Dental Center

Dr. O.K. Medical & Dental Center

Celebrating five years of growth to meet the needs of the Etobicoke community

The life of a family doctor revolves around patient care. Keeping patients healthy, or managing their health conditions involves long hours, five to six days per week – leaving little time for family, friends and their own well-being.

Time became extremely valuable for most working people, fast pace of life, huge amount of information, multitasking, multiple responsibilities makes people to choose clinics which can offer wide variety of health care services at the same place.

Which is what led Dr. Oleg Klipitch and his wife, Dr. Olena Klipitch, to open Dr. O.K. Medical Center. Starting with one doctor, one dentist and one pharmacist, they dreamed of a team of physicians able to give patients the best care around the clock.

Five years later, their dream has come to fruition, with expanded services to meet their patients' growing needs and a caring medical team that is exceptionally collegial and supportive housed in a practice Dr. Klipitch built from the ground up.

"The main idea was to build a team of people who all think alike, have similar beliefs about patient care, healthy life style and disease prevention. So if we need to go the extra mile for the patient, we will," he says.

The newest doctor on the team, Dr. Natalya

Tsay truly exemplifies that. "I could never view medicine as simply a job," she says. "It's more of a long-term relationship."

Dr. Tsay graduated from medical school in Kazakhstan with a specialty in pediatrics. She also earned a PhD degree from the Scientific Centre of Urology and most recently earned an MD in family medicine from the Michael G. DeGroote School of Medicine at McMaster University, Hamilton.

Dr. Tsay will be taking over the patients of Dr. Nadia Belsky, as she heads into retirement. Dr. Tsay will also be accepting limited number of new patients.

Dr. Oleg Klipitch, Dr. Caroline Oczachowski, Dr. Arta Bedaj and Dr. Tsay believe helping people is the most important part of the job.

They work together as a team to make sure all patients of Dr. O. K. Medical Center will receive timely and quality care. If the patient's doctor is out of the office, any of the other physicians will provide care for the patient

Patients at Dr. O.K. Medical Center also benefit from the doctors' various special interests. Dr. Oczachowski, who has been practicing fam-

ily medicine at Dr. O.K. for more than two years, focuses on promoting health and well-being through lifestyle choices and healthy habits. She can advise on diet and nutritional supplements to better her patients' overall health and wellbeing.

"I am a strong believer that optimal health is achieved through a combination of physical, mental and social well-being and balance," Dr. Oczachowski says.

Dr. Klipitch and Dr. Bedaj both provide cosmetic, rejuvenating and anti-aging procedures, on top of the full scope of medical care offered at Dr. O.K.

Dr. Bedaj and Dr. Klipitch also offer medical treatment for chronic migraines with Botox. Dr.

Bedaj encourages patients suffering from multiple "headache days" in the past three months to look into the Botox treatment. They also use Botox to treat excessive sweating of the armpits, hands and feet – a condition called hyperhidrosis.

"Most insurance companies will cover the cost for Botox treatments for excessive sweating and migraine headaches," says Dr. Bedaj, adding that this makes



the highly effective treatment both desirable and affordable.

On the cosmetic end of the clinic, Dr. Bedaj provides clients from the community, not just patients of the clinic, with attractive and natural results for common concerns like frown lines, forehead lines and crow's feet. Clients are usually surprised to see excellent results and consistently comment that Dr. Bedaj has a very light hand in administering the treatment.

Dr. Klipitch and Dr. Bedaj also offer Selphyl rejuvenation treatment – a system that uses your body's natural ability to regenerate and

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